



BRUNCH

Avocado Toast 18.00
Sourdough toast with guacamole and sunny-side-up eggs served with balsamic onions

Shakshuka 22.00
Authentic and delicious Israeli style shakshuka served with fresh focaccia bread or pita

Green Shakshuka 23.00
Shakshuka with leeks, spinach, garlic and parsley served with fresh focaccia bread or pita

Cheese Blintzes 15.00
3 blintzes with served with whipped cream and blended strawberries

House Pancakes 15.00
2 house pancakes, whipped cream, strawberries, and maple syrup on the side

Stuffed French Toast 17.00
French Toast served with whipped cream, strawberries and maple syrup

Grilled Cheese Sandwich 15.00
Melted mozzarella on buttered toast. Served with balsamic onions

Bruschetta 18.00
Sourdough baguette topped with pesto, ricotta, fresh mozzarella, eggplant, cherry tomatoes, and olive oil

American Breakfast Combo 15.00
Omelet with American cheese, sweet potato cubes, buttered bagel and American coffee

Acai bowl 16.00
Acai blended with frozen strawberries mango and dates Topped with fresh fruit and granola.

Breakfast Your Way 17.00
Freshly baked focaccia bread or bagel. Served with side salad, omelet, and choice of three spreads.

Spread Options: Additional spread 1.00
Guacamole, tuna, cream cheese, marinated feta cheese, shredded mozzarella, harissa, pesto, grated tomato with olive oil, or balsamic onions.
Omelet Options: creamed spinach 2.00 mushroom and onion 2.00 cheese omelet 1.50



PIZZA

Regular Pizza Slice 12" Pie 16" Pie
4.75 17.00 25.00

Whole Wheat or Spelt 28.00

Each Additional Topping +1.75 +3.00 +6.00

Topping options:

Green Olive, Black Olive, Pickled Red Pepper, Green Pepper, Mushroom, Jalapenos, Fried Jalapeno, Red Onion, Fried Onion, Broccoli, Marinated Eggplant, Confit Garlic, Ziti, French Fries, Spinach, Marinated Feta Cheese.

SPECIALTY PIZZA

Teriyaki Pizza 12" Pie 16" Pie
23.00 34.00
Teriyaki sauce, spicy mayo, red onion, green pepper, mushroom

Margarita Basil 12" Pie 16" Pie
23.00 34.00
Marinara sauce, fresh mozzarella, pesto, and olive oil

Grandma 12" Pie 16" Pie
23.00 34.00
Mix marinara and cream sauce, fried onion, cherry tomato, and fried mushroom

Salad Pizza 12" Pie 16" Pie
23.00 34.00
Lettuce, tomato, avocado, feta cheese, and red onion

SIDES

Calzone 10.00
Vegetable. Broccoli, Mushroom, Spinach

Cheese Pretzel 9.00

Garlic Knots 4.00
4 pcs.

Sweet Potato Fries 12.00

Onion Rings 12.00

French Fries Regular 10.00 Large (to go) 13.00

Spicy Fries Regular 10.00 Large (to go) 13.00



APPETIZERS

Mozzarella Sticks 16.00
Mozzarella sticks served with marinara sauce

Cream Spinach Quesadilla 20.00
Sautéed onions, spinach, mushrooms, cream sauce, melted mozzarella cheese, served with guacamole

Fried Mozzarella Bowl 20.00
Breaded mozzarella cubes served on teriyaki stir fry

Potato Au Gratin 22.00
Cubed potato, garlic, spinach, mushrooms, red onion heavy cream and melted mozzarella

Cauliflower Poppers 20.00
Breaded cauliflower sautéed in sweet chili

Corn Ribs 17.00
Served with pumpkin seed butter lime zest, and honey

Cheese Fries 16.00
Fries with cheddar cheese sauce and melted mozzarella

HEALTHY & DELICIOUS APPETIZERS

Tilapia Plate 20.00
Shwarma- tilapia, served on top of chummus, olive oil, tahini, and sautéed onions. Served with pita

Sweet Potato Wedges 17.00
Sweet potato with feta cheese, sliced lime, avocado, sour cream sauce, jalapeno, and pomegranate seeds

Cheese Spread Salad 15.00
Beets, onion, and olive salad on top of cheese spread. With olive oil, sesame seeds, and honey maple dressing

Roasted Cauliflower 19.00
Topped with cubed sweet potato, tehina, date honey, fresh parsley, and fresh lemon

Stuffed Portobello Mushrooms 19.00
Two stuffed portobello mushrooms with feta, Parmesan cheese, spinach cream sauce, topped with melted mozzarella



SALADS

Caesar 18.00
Romaine lettuce, carrot, garlic croutons, Parmesan cheese, homemade caesar dressing

Sweet Potato 25.00
Romaine lettuce, cucumber, feta cheese, marinated portobello mushrooms, avocado, sweet potato with sweet chili sauce

Edamame Pecan 25.00
Arugula, cucumber, sweet potato, mushrooms, honey-glazed pecans, edamame beans, red onion, avocado, honey mustard vinaigrette

Grilled Salmon Avocado 28.00
Romaine lettuce, avocado, sweet potato, cherry tomatoes, croutons, grilled salmon, Caesar dressing

Sheli's Salad 25.00
Romaine lettuce, purple cabbage, cucumber, cherry tomatoes, croutons, sautéed teriyaki mushrooms, walnuts, feta cheese, fried mozzarella cubes, sesame seeds, honey vinaigrette

Beet and Arugula 25.00
Arugula, roasted beets, sweet potato, quinoa, and honey pecans. Served on creamed feta spread, topped with pink honey mustard

Quinoa salad 25.00
Quinoa with lettuce, sweet potato, feta cheese, chickpeas, avocado, cherry tomatoes and fried Mozzarella cubes. With red wine vinaigrette

Chop Chop Haloumi Salad 25.00
Romaine lettuce, tomato, cucumber, pomegranate seeds, tahini, grated feta cheese, zaatar, date honey, and seared haloumi cheese slices

Healthy Salad 28.00
Arugula, sweet potato, string beans, roasted chickpeas, cherry tomatoes, and cubed salmon



SALADS

Create Your Own Salad 15.00

Greens: Romaine lettuce, arugula or no greens

Vegetables: Tomatoes, cucumbers, red onion, pickles, shredded carrots, green olive, fresh mushrooms, sweet potatoes, chickpeas, purple cabbage, cherry tomatoes

Toppings:

Croutons 1.50
Nish Nosh Crackers 1.50
Walnuts 1.25

Specialty Toppings:

Sliced Avocado 2.50
Quinoa 1.75
Marinated Mushrooms 1.50
Fried Mozzarella Cubes 3.50
Hot Teriyaki Mushrooms 2.50
Roasted Beets 1.75
Fried Eggplant 2.00
Balsamic Onions 1.00
String Beans 2.00
Spiced Chickpeas 1.50
Pomegranate Seeds 2.00

Proteins:

Tuna 3.50
Hard-boiled Eggs 1.50
Shredded Mozzarella 2.50
Feta Cheese 2.50
Tuna without Mayo 3.50
Grilled Salmon Bites 8.00
Marinated feta cheese 2.50

Dressings: (mixed or on the side) Caesar, sugar-free Caesar, honey mustard vinaigrette, red wine vinaigrette, tahini, olive oil, lemon juice, maple honey mustard and pink honey mustard dressing.



BITES

Select from: Whole Wheat or Regular

Sabich 15.00

Pita topped with babaganush, fried eggplant, hard-boiled egg, schug

Falafel Pita 12.00

Tuna Bagel 10.00

Cream Cheese Bagel 6.00

Omelet Bagel 8.00

Buttered Bagel 3.00

Grilled Vegetable Wrap 15.00



MAINS

All mains (besides fish and chips) served with rice and roasted vegetables

Crusted Honey Mustard Salmon 28.00

Salmon with honey mustard glaze and crispy crumbs.

Grilled Salmon 28.00

Cooked with basil and garlic spread

Teriyaki Salmon 28.00

Teriyaki salmon

Zaatar Crusted Salmon 28.00

Slice of Salmon topped with zaatar, sesame, and tahini crust

Lemon and Caper Branzino 34.00

Branzino with olive oil, capers, cherry tomatoes, and lemon.

Fish and Chips 25.00

Golden-battered fish served with crispy fries.



PASTA

Baked Ziti 23.00

Ziti pasta layered with rich tomato sauce and cheese

Fettuccine Alfredo 25.00

Fettuccine noodles cooked in our mushroom Alfredo sauce

Garlic Butter Fettuccine 23.00

Fresh garlic, butter, red tomato sauce, and cream

Penne A La Vodka 25.00

Penne pasta with classic vodka sauce

Eggplant Parmesan 26.00

Breaded eggplant slices layered with marinara sauce and melted cheese

Gnocchi 25.00

Spinach, mushrooms, and purple onion cooked in cream sauce

Cheese Ravioli 26.00

Cheese-filled ravioli served with garlic butter and rosa sauce

Mac N Cheese 23.00

Rich and creamy macaroni baked with a blend of cheeses.

MEZZE SPREADS

Served with 5 falafel balls, Israeli salad, and freshly baked focaccia bread or pita

Chummus Plate 17.00

Housemade hummus topped with garlic confit garnished with chickpeas, tahini, parsley, and olive oil

Eggplant Plate 17.00

Grilled eggplant mixed with tahini, parsely, and olive oil



SOUPS

Vegetable 10.00

Squash, leek, zucchini, onion

French Onion Soup 10.00

Split Pea Soup 10.00

Blended Garden Vegetable 10.00

Garlic, celery, butternut squash and shallots

CARB FREE & DELICIOUS

Vegetable Melt 23.00

Squash, leeks, broccoli, mushroom, onions, cherry tomato, with marinara sauce and melted mozzarella.

Eggplant Rollatini 25.00

Eggplant slices stuffed with spinach and ricotta cheese. Covered with marinara and melted mozzarella



DESSERT

Belgian Waffle 16.00

Served with strawberries, ice cream, and whipped cream.

Creme Brulee 15.00

Soft custard inside with crunchy sweet topping

Chocolate Affogato 10.00

Chocolate gelato with shot nespresso



HOT DRINKS - 12 OZ

Americano 4.50

Cappuccino 5.50

Latte 5.50

Hot Cocoa 6.50

BOBA GHILLERS

With boba balls, tea extract, crushed ice, and natural fruit puree.

Strawberry 8.00

Mixed Berry 8.00

Watermelon 8.00

SMOOTHIES - 16 OZ

Tropical Combo 12.00

Dairy base with pineapple, mango

Strawberry Peach 12.00

Dairy base

Pina Colada 12.00

Non-dairy base

Acai Refresh 12.00

Milk or water base with acai, strawberry, mango, dates

Create Your Own Smoothie 12.00

Base: milk, water

Fruits: strawberries, mango, pineapple, peach

Sweetener: Agave, Splenda, dates



MILKSHAKES - 16OZ

Milkshake 9.00

Select: vanilla, chocolate, strawberry

Vanilla Strawberry 10.00

Vanilla Peanut Butter 11.00

Salted Caramel Vanilla 11.00

Chocolate Peanut Butter 11.00

ICED DRINKS

Crushed Iced Coffee 9.00

Regular or sugar-free

Iced Coffee 8.00

Nespresso, milk, ice

Iced Mint Watermelon Lemonade 10.00

FRAPPES - 16 OZ

Iced Chocolate Macchiato 12.00

Chocolate ice cream, chocolate chip, espresso shot

Iced Lotus Latte 12.00

Vanilla ice cream, lotus cream, espresso shot

Salted Caramel Latte 12.00

Vanilla ice cream, caramel sauce, espresso shot

Ice Chocolate Caramel Macchiato 12.00

Chocolate ice cream, caramel sauce, chocolate chips, espresso shot

