



## BRUNCH

<b>Avocado Toast</b> Bread toast with guacamole and sunny side up eggs. Served with French fries	<b>20.00</b>
<b>Shakshuka</b> Authentic and delicious Israeli style shakshuka. Served with fresh pita	<b>22.00</b>
<b>Green Shakshuka</b> Shakshuka with sauteed onion, spinach, mushroom, cream, topped with harissa sauce. Served with fresh pita	<b>23.00</b>
<b>Cheese Blintzes</b> 3 blintzes with served with whipped cream	<b>15.00</b>
<b>House Pancakes</b> 2 house pancakes served with whipped cream and maple syrup on the side	<b>15.00</b>
<b>Stuffed French Toast</b> French Toast served with whipped cream and maple syrup	<b>17.00</b>
<b>Grilled Cheese Sandwich</b> Melted mozzarella on buttered toast. Served with French fries	<b>18.00</b>
<b>American Breakfast Combo</b> Omelet with American cheese, French fries, buttered bagel and American coffee	<b>15.00</b>
<b>Acai bowl</b> Blended Acaitopped with strawberries, blueberries, and granola. add ons: Peanut butter \$1.50   Chocolate Sauce \$1.50	<b>16.00</b>
<b>Tuna Melt</b> Tuna melt on sourdough bread, served with French fries	<b>20.00</b>
<b>Breakfast Your Way</b> Freshly baked bagel. Served with side salad, omelet, and choice of three spreads.	<b>17.00</b>
<b>Spread Options:</b>	
Guacamole, tuna, cream cheese, marinated feta cheese, shredded mozzarella, harissa, pesto, olive oil	<b>1.00</b>
<b>Additional spread</b>	
<b>Omelet Options:</b>	
creamed spinach	<b>2.00</b>
mushroom and onion	<b>2.00</b>
cheese omelet	<b>1.50</b>



## PIZZA

	Slice	12" Pie	18" Pie
<b>Regular Pizza</b>	4.75	17.00	25.00
<b>Whole Wheat or Spelt</b>			28.00
<b>Each Additional Topping</b>	+1.75	+3.00	+6.00
<b>Topping options:</b>			
Green Olive, Black Olive, Pickled Red Pepper, Green Pepper, Mushroom, Jalapenos, Fried Jalapeno, Red Onion, Fried Onion, Broccoli, Marinated Eggplant, Ziti, French Fries, Spinach.			

## SPECIALTY PIZZA

	12" Pie	18" Pie
<b>Teriyaki Pizza</b> Teriyaki sauce, spicy mayo, red onion, green pepper, mushroom	<b>23.00</b>	<b>34.00</b>
<b>Margarita Basil</b> Marinara sauce, fresh mozzarella, pesto, and olive oil	12" Pie <b>23.00</b>	18" Pie <b>34.00</b>
<b>Grandma</b> Mix marinara and cream sauce, fried onion, cherry tomato, and fried mushroom	12" Pie <b>23.00</b>	18" Pie <b>34.00</b>
<b>Salad Pizza</b> Lettuce, tomato, avocado, feta cheese, and red onion	12" Pie <b>23.00</b>	18" Pie <b>34.00</b>

## SIDES

<b>Calzone</b> Vegetable, Broccoli, Mushroom, Spinach	<b>12.00</b>
<b>Cheese Pretzel</b>	<b>10.00</b>
<b>Garlic Knots</b> 4 pcs.	<b>4.00</b>
<b>French Fries</b>	Medium <b>8.00</b>
<b>Spicy Fries</b>	Medium <b>9.00</b>



## APPETIZERS

<b>Mozzarella Sticks</b> Mozzarella sticks served with marinara sauce	<b>16.00</b>
<b>Cream Spinach Quesadilla</b> Sauteed onions, spinach, mushrooms, cream sauce, melted mozzarella cheese, served with guacamole	<b>20.00</b>
<b>Fried Mozzarella Bowl</b> Breaded mozzarella cubes served on teriyaki stir fry	<b>20.00</b>
<b>Potato Au Gratin</b> Cubed potato, garlic, spinach, mushrooms, red onion heavy cream and melted mozzarella	<b>22.00</b>
<b>Cauliflower Poppers</b> Breaded cauliflower sauteed in sweet chili	<b>20.00</b>
<b>Corn Ribs</b> Served with pumpkin seed butter lime zest, and honey	<b>17.00</b>
<b>Cheese Fries</b> Fries with cheddar cheese sauce and melted mozzarella	<b>16.00</b>
<b>Nachos</b> Tortilla chips topped with cheddar cheese sauce, melted mozzarella.	<b>20.00</b>
<b>Felafel Plate</b> Served with 6 balls, hummus spread, harissa, and fried eggplant, and pita	<b>20.00</b>

## CARB FREE & DELICIOUS

<b>Vegetable Melt</b> Carrots, zucchini, onions, and broccoli, with marinara sauce and melted mozzarella	<b>22.00</b>
<b>Eggplant Rollatini</b> Eggplant slices stuffed with spinach and ricotta cheese. Covered with marinara and melted mozzarella	<b>22.00</b>



## SOUPS

<b>Vegetable</b> Squash, leek, zucchini, onion	<b>10.00</b>
<b>French Onion Soup</b>	<b>10.00</b>
<b>Split Pea Soup</b>	<b>10.00</b>
<b>Mushroom Barley Soup</b>	<b>10.00</b>



## SALADS

<b>Caesar</b> Romaine lettuce, carrot, garlic croutons, non-aged Parmesan cheese, purple cabbage, and homemade caesar dressing	<b>18.00</b>
<b>Sweet Potato</b> Romaine lettuce, cucumber, feta cheese, marinated portobello mushrooms, avocado, sweet potato with sweet chili sauce	<b>25.00</b>
<b>Grilled Salmon Avocado</b> Romaine lettuce, avocado, sweet potato, cherry tomatoes, croutons, grilled salmon, Caesar dressing	<b>28.00</b>
<b>Sheli's Salad</b> Romaine lettuce, purple cabbage, cucumber, cherry tomatoes, croutons, sauteed teriyaki mushrooms, fried mozzarella cubes, sesame seeds, and honey vinaigrette	<b>25.00</b>
<b>Quinoa Salad</b> Quinoa with lettuce, sweet potato, feta cheese, chickpeas, avocado, cherry tomatoes and fried Mozzarella cubes. With red wine vinaigrette	<b>25.00</b>
<b>Chop Chop Haloumi Salad</b> Romaine lettuce, tomato, cucumber, shredded carrots, tahini, grated feta cheese, zaatar, date honey, topped with haloumi cheese slices	<b>25.00</b>
<b>Greek Salad</b> Romaine lettuce, tomato, cucumber, green olive, feta cheese, red onion, topped with zaatar. Served with blended cucumber and green olive dressing.	<b>24.00</b>



## SALADS

**Create Your Own Salad** 15.00

**Greens:** Romaine lettuce or no greens

**Vegetables:** Tomatoes, cucumbers, red onion, pickles, shredded carrots, green olive, fresh mushrooms, sweet potatoes, chickpeas, purple cabbage, cherry tomatoes

**Toppings:**

Croutons	1.50
Sliced Avocado	3.00
Quinoa	3.00
Marinated Mushrooms	3.00
Fried Mozzarella Cubes	3.50
Hot Teriyaki Mushrooms	4.00
Fried Eggplant	2.00

**Proteins:**

Tuna	5.00
Hard-boiled Eggs	3.00
Shredded Mozzarella	3.00
Feta Cheese	4.00
Tuna without Mayo	5.00
Grilled Salmon Bites	10.00

**Dressings:** (mixed or on the side) Caesar, sugar-free Caesar, honey mustard vinaigrette, red wine vinaigrette, tahini, olive oil, lemon juice, and blended cucumber/ green olive dressing.

## BITES



Select from: Whole Wheat or Regular

<b>Falafel Pita</b>	13.00
<b>Tuna Bagel</b>	10.00
<b>Cream Cheese Bagel</b>	6.00
<b>Omelet Bagel</b>	8.00
<b>Buttered Bagel</b>	4.00
<b>Grilled Vegetable Wrap</b>	15.00
<b>Tuna Wrap</b>	15.00
Served with lettuce and pickles	
<b>Omelet Wrap</b>	15.00
Served with lettuce and avocado	
<b>Grilled Salmon Wrap</b>	20.00
Served with lettuce and avocado	



## PASTA

**Baked Ziti** 20.00

Ziti pasta layered with rich tomato sauce and cheese

**Fettuccine Alfredo** 23.00

Fettuccine noodles cooked in our mushroom Alfredo sauce

**Penne A La Vodka** 23.00

Penne pasta with classic vodka sauce

**Eggplant Parmesan** 24.00

Breaded eggplant slices layered with marinara sauce and melted cheese

**Oven Baked Ravioli** 24.00

Cheese-filled Ravioli with mushroom cream sauce and melted mozzarella

**Mac N Cheese** 20.00

Rich and creamy macaroni baked with a blend of cheeses.

**Pasta Primavera** 23.00

Zucchini, broccoli, carrots, and onions in white sauce with ziti noodles

**Pasta del Mare** 28.00

Spinach fettuccine served with garlic cream sauce and salmon bites



## MAINS

All mains (besides fish and chips) served with rice and roasted vegetables

**Crusted Honey Mustard Salmon** 28.00

Salmon with honey mustard glaze and crispy crumbs.

**Grilled Salmon** 28.00

Cooked with basil and garlic spread

**Teriyaki Salmon** 28.00

Teriyaki salmon

**Fish and Chips** 22.00

Golden-battered fish served with crispy fries.



## DESSERT

**Belgian Waffle** 16.00

Served with strawberries, ice cream, and whipped cream.

**Slice Cheese Cake** 10.00

## HOT DRINKS - 12 OZ

**Americano** 4.50

**Cappuccino** 5.50

**Latte** 5.50

**Hot Cocoa** 6.50

## BOBA CHILLERS

With boba balls, tea extract, crushed ice, and natural fruit puree.

**Strawberry** 8.00

**Mixed Berry** 8.00

**Watermelon** 8.00

## SMOOTHIES - 16 OZ



**Strawberry Peach** 12.00

Dairy base

**Acai Refresh** 12.00

Milk or water base with acai, strawberry, and mango blended

**Create Your Own Smoothie** 12.00

**Base:** milk, water

**Fruits:** strawberries, mango, peach

**Sweetener:** Agave, Splenda, Stevia or Sugar



## MILKSHAKES - 16OZ

**Milkshake** 9.00

Select: vanilla, chocolate, strawberry

**Vanilla Strawberry** 10.00

**Vanilla Peanut Butter** 11.00

**Salted Caramel Vanilla** 11.00

**Chocolate Peanut Butter** 11.00

## ICED DRINKS

**Crushed Iced Coffee** 9.00

Regular or sugar-free

**Iced Coffee** 8.00

Shot espresso, milk, ice

## FRAPPES - 16 OZ

**Iced Chocolate Macchiato** 12.00

Chocolate ice cream, chocolate chip, espresso shot

**Iced Lotus Latte** 12.00

Vanilla ice cream, lotus cream, espresso shot

**Salted Caramel Latte** 12.00

Vanilla ice cream, caramel sauce, espresso shot

**Ice Chocolate Caramel Macchiato** 12.00

Chocolate ice cream, caramel sauce, chocolate chips, espresso shot

